



CHAS

Children's Hospices Across Scotland

Fundraise for CHAS

Youth Philanthropy Initiative pack



Together, we can provide unwavering care to children who may die young and their families, at every step on this hardest of journeys.



Children's Hospices Across Scotland – better known as CHAS – is a charity and we are determined no-one should face the death of their child alone.

We support families across Scotland in hospices, homes and hospitals, through the terrifying heartbreak of knowing their child may die young.

Hospices: Our hospices, Rachel House in Kinross and Robin House in Balloch, are a home from home where families can stay for respite breaks.

Homes: Our CHAS at Home nurses provide care to families in the comfort of their own home. Our Family Support Team help the whole family to live with worry and uncertainty by providing emotional, practical and financial support.

Hospitals: Our specialist doctors, nurses and family support staff work alongside NHS staff in hospitals.

We directly supported **419** babies, children and young people across Scotland, and **hundreds more** through our hospital palliative care teams.

We supported nearly **2,000** family members of seriously ill children.

We made **1,856** visits to family homes to help seriously ill children.



With your support, we can be there for families every step of the way supporting them in life, death and beyond.



Learning your child is seriously ill and may die young

We will be there earlier for families at this heartbreaking time, providing support sooner after diagnosis. We will help emotionally, clinically, and practically.

Living well

We will help the whole family – including parents and siblings – to live well with complexity, worry and uncertainty. We will help children to be included and have fun, creating precious memories that will last a lifetime.

Dying well and bereavement

Just as every child is unique, so is every death. We will help families to experience a meaningful goodbye based on their choices and support them in their immediate grief and beyond.

Visit www.chas.org.uk to read our Strategic Plan and find out more about how we will provide unwavering care to families.

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We are here for families right from the start, straight after diagnosis. When they receive the news that their child has a life-shortening condition, often they may already be planning their funeral. But it is just the start of a journey. We help families to live through it and in turn, to live afterwards in their life ahead.

Sarah, Family Support Team Leader

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The amazing difference £3,000 could make



An activities assistant for a whole month to plan and organise various activities for children and their families to create lasting memories.

A staff nurse for three weeks at one of our hospices ensuring the children in our care receive high quality and compassionate care around the clock.



A pharmacist for two weeks ensuring children have access to the right medications in the right form for their very complex conditions.

A cook for three weeks at one of our hospices making delicious home cooked meals for families staying at Robin House or Rachel House.



The whole CHAS at Home team for 12 hours providing essential hospice care services to families in the comfort of their own homes.



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We all love Rachel House so much that we never want to leave!

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Kayden's story

By mum Valerie

“Kayden had always been a very active, fun, outgoing boy until he turned six, then he began to struggle to concentrate at school and have problems with his vision.

Just before his eighth birthday, he was diagnosed with Juvenile Batters Disease which causes vision impairment, intellectual disability, movement problems, speech difficulties, and seizures, which worsen over time.

It can feel very overwhelming at times, but we do our best to stay positive and take it day by day, or hour by hour sometimes.

We love coming to Rachel House as a family. For me and my husband John we enjoy it as we get to just relax. Our two younger children, Kodie and Cassidy, get to play games and do activities and just get spoilt really!

Kayden is 15 now and he loves the attention he gets. He knows all the staff, they are like an extended family and they get his funny sense of humour. He is full of fun and likes being silly. Over the years we have got to know everyone on a personal level from the nurses to the activities team and the housekeeping staff – everyone makes us feel so welcome.

We also receive support from the CHAS at Home nurses. They are great with Kayden and he loves when they come to see him at home. It's a flexible service which is great as you can use it as and when you need it.”

Together, we can help children to be included and have fun, creating precious moments that will last a lifetime.



Six steps to make your YPI successful

1. Be creative

Do something creative that will make your presentation memorable for the judges. Here are some ideas to tell your story:

- Singing, dancing, performing, rapping, videos, storytelling – the more creative the better. The YPI website is a great source of information and ideas: ypiscotland.org.uk/creativity-zone/
- Take inspiration from this past presentation: www.youtube.com/watch?v=_nXkdDmkAtc
- Bring your presentation to life by using props. We have seen teams using spinners, bingo balls and dice to engage their audience.

2. Hot tip from a YPI winning team

“Have an interactive element i.e. activities, questions etc, and try to make it fun and interesting.”

Scarlett, Christie, Louise and Layla from Dollar Academy



We will help you as much as we can. If you have any questions between now and your presentation, please get in touch with us and we will get back to you as soon as we can. Our contact details are on the back page.

3. Do research

Find out as much as you can about CHAS:

On our website www.chas.org.uk

On our social media channels

 **supportCHAS**

Access our game A Mile in Their Shoes: chas-play.itch.io/a-mile-in-their-shoes to find out what life is like having a brother or sister with a life-shortening condition.

4. Talk about the CHAS alphabet

Our CHAS alphabet is bright and colourful. Each letter has been individually designed by a child or a family member which means there is a story behind every letter. You can share their stories and the video with the judges – visit www.chas.org.uk to find out more.

5. Talk local

The judges love finding out what charities do in their local area. We can provide local information, such as how many families we support within your postcode area.

6. Stand out

We have CHAS t-shirts and branded fundraising materials available to help your presentation stand out.

Other ways you can get involved

Secondary School Ambassador

We hope you are enjoying finding out about CHAS and representing us in your YPI project. Did you know that you could become one of our School Ambassadors, as a group or as an individual?

You would play an important role to raise awareness of CHAS as widely as possible within your school and to raise funds through fundraising activities.

How do I find out more?

We would love to talk to you and tell you more about this exciting role. To learn more, get in touch using the contact details on the back page and your local community fundraiser will be in touch.

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We really like being CHAS school ambassadors at Dollar Academy because it means we get to share experiences with other people and talk to them about CHAS and what you all do.

CHAS School Ambassador

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Thank you so much for
choosing to represent CHAS
in your YPI presentation.
We wish you good luck!



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www.chas.org.uk

 **supportCHAS**



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TO GOOD FUNDRAISING**
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