A gift in your Will can help us reach every family in Scotland







Children's Hospices Across Scotland



Leading Children's Hospices Across Scotland (CHAS) is so much more than a job for me. It is the joy on a child's face the first time they play in the sensory room. It is the day out where mum or dad get to feel like mum or dad again. It is the relief when the CHAS nurse arrives at the front door, ready to help. It is easing the pain at the hardest time imaginable. These are moments that a gift in your Will can always help make happen.

Research in 2020 shows that the number of children in Scotland with life-shortening conditions is going up. There are now over 16,700 children aged 0-21 who are likely to die young and the demand for hospice care is even greater than before. At CHAS, we are determined to be there for every dying child and their family – and not just today or tomorrow. Knowing the need for our services will always be required means that CHAS needs to plan for the future to ensure we can continue to be there for families. And, we can only do this with your support.

By leaving a gift in your Will to CHAS, the love and care you will have shown will help us continue to fund our essential care for children and families across Scotland in the future and ensure that no matter how short a family's time together may be, it is filled with happiness and joy.

Together, we can always be there for families in the toughest of times. Thank you for considering this special way of giving and helping us to reach every family so that no-one is left facing the death of their child alone.



Your gift can help us be there for families when they need us most

Mum Brooke and dad Kyle received the heart-breaking news during Brooke's pregnancy that their son may not survive. At 32 weeks, baby Hunter came into the world stillborn. They are both so grateful for the days they spent together as a family at Robin House.

Brooke said: "Hunter was born at 5.41am on Boxing Day morning, weighing 2 pounds and 11 ounces. He was so cute. Platinum blonde hair and a little button nose. Even at the end, his lips never changed colour, they were always rosy pink."

A cuddle cot (a special cot kept at a controlled temperature to preserve the body) was set up next to Brooke and Kyle's bed, along with a Christmas tree, so that they could all be together at Robin House.

Brooke said: "Even though Hunter had died, we wanted him to be part of Christmas. We took photos with him and read him stories. Little things that mean so much. We will always be grateful for what CHAS did for us and the respect and love they gave to our son.

"We visited Robin House on Hunter's first birthday. It was the first day back since we said goodbye. I couldn't wait to go back to the special place where we made many precious memories with our son. CHAS did so much for us and they still do now."

We can't thank the incredible people that support CHAS enough.
Without CHAS, it's hard to imagine where we would be."





# Together, we can reach more families across Scotland in hospice, hospital and home





Our hospices, Rachel House in Kinross, and Robin House in Balloch, are a 'home from home' for families. They offer a range of facilities including a hydrotherapy pool, large accessible gardens and lots of areas for relaxing and fun. There are also areas for reflection, bereavement support and care.





#### Virtual hospice

Our virtual hospice offers vital support to families at home including nursing, medical, pharmacy and practical advice, as well as bereavement support, by phone and video.

Activity sessions such as storytelling, letter writing and activity packs, and interactive sessions with the Clowndoctors, bring joy and laughter to families









Our CHAS at Home team care for children and young people in their own homes. We provide nursing care that meets the individual needs of the child, including medication and feeds. Our nursing teams are highly skilled in looking after children with exceptional health care needs, such as those who use a ventilator. For families who live in isolated areas in particular, the service is a lifeline.

#### Hospital

We work alongside NHS staff across Scotland, and other care staff, to provide clinical leadership and support in the planning and delivery of palliative care. By working together, families can have a greater choice of care about where and how their child can be cared for, whether it is in hospital, at home or in a CHAS hospice.



# Demand for our services is growing

Demand for our services is rising, and we haven't a moment to lose if we are going to reach every family who needs us. The number of children CHAS has been able to support has increased by more than 25% over the past five years.

We have already achieved so much but we still have work to do. A gift in your Will means that your support will live on and help us achieve our goal to reach every family and ensure no-one faces the death of their child alone.









# The joy your gift can bring

Olivia loves going to Rachel House as she gets so much attention. All the staff are lovely and make such a fuss of her. Her favourite thing is the swing in the garden—and she also likes the trampoline, the Jacuzzi, and taking part in activities like baking. You know she's happy when she gives a little smirk and she does that a lot at Rachel House.

Olivia's mum. Joanne





Watching my sons splashing together in the special pool that blows bubbles is a memory I will cherish for the rest of my life. We even made colourful handprints of Jaxon's hands and feet that are now so precious to me.

Jaxon's mum, Lisa



# Cath's story

For over 15 years, Catherine McGrath has worked tirelessly to raise funds for CHAS.

Cath has helped out at fundraising events and given motivational talks, and helps families cared for by CHAS in her role as Home Support Volunteer.

She said: "When I was a teacher, one of my pupils asked if I would help raise funds for her sister, who was being supported by CHAS.

"When I went to visit, I couldn't believe what a special place I'd walked into – it was so uplifting. When I went to visit, I couldn't believe what a special place I'd walked into – it was so uplifting.

I knew that once I retired, I wanted to volunteer for CHAS."

CHAS holds such a special place in Cath's heart that she has arranged for the charity to receive a gift in her Will.

She said: "I know first-hand how important CHAS is to families. It was such an easy process to write my Will and it's reassuring to have my wishes captured."



# Our promise to you

- Your Will is personal and we will never ask you to tell us your decision, but if you do wish to tell us we would love the opportunity to say thank you.
- We believe that family and friends may come first, it is your Will and your choice.
- You can change your mind about leaving a gift in your Will at any time, we will respect your decision.
- If you chose to remember CHAS in your Will, you
  will help fund our essential care for children and
  families across Scotland, ensuring that no matter
  how short a family's time together may be, it is
  filled with happiness and joy.
- We will respect your wishes of how you would like us to keep in touch.
- We will do our best to answer any questions and explain the impact your gift could have on the children and families we care for across Scotland.











How to leave a gift in your Will to CHAS

#### 1. Consider who will be included in your Will

Think of your close family and friends first, you then may consider leaving a gift to your chosen charity, such as CHAS.

## 2. Consider what you would like to leave in your Will

There are three main types of gifts that you may consider leaving in your Will. A set amount of money, a specific item (such as jewellery or property) or a share of your estate.

#### 3. Choose your executor

Your executor will be responsible for ensuring your wishes are met and can be a solicitor, friend or relative. You can amend your Will at any time, if you wish.

### 4. Value your estate and consider inheritance tax

Work out how much your assets are worth, including property and any investments etc. There can be inheritance tax benefits of leaving a gift in your Will to charity. Your solicitor will be able to advise you more on this or you can visit the HMRC website.

#### 5. Contact us

If you would like to find out more about leaving a gift in your Will to CHAS, please contact Charlene Mullan who would be happy to answer any questions you may have.

#### 6. Contact your solicitor

Contact your solicitor to chat through your intentions. If you would like to leave a gift to CHAS, please find the relevant details below:

Charity Name: Children's Hospices Across Scotland (known as CHAS)

Charity Address: Canal Court, 42 Craiglockhart Avenue, Edinburgh, EH14 1LT

Scottish Charity Number: SC019724



We would love to hear from you if you do decide to leave a gift, so that we can thank you and keep you up to date on news from CHAS.





# Our statement of strategic intent

We support families through the terrifying heartbreak of knowing their child may die young.

With love and compassion, we offer highly personalised care in hospice, hospital and home.

We make things possible so children have the freedom to be themselves, play outside, laugh, sparkle, smile, and have treasured moments of joy.

We are there when needed most – in really tough days, at end of life, and after a child dies.



